



# February 1-March 28

Fee: With Shirt \$18 • No Shirt \$10

## Contest Rules

1. Register for the contest at the Welcome Desk
2. Pick up a new punch card & turn in completed punch card at the Welcome Desk every Monday
3. 1 point is earned for attending a Group Fitness class with a limit of 5 per week
4. 5 points are earned for a referral that becomes a member in February and March
5. Participation and referrals are tracked from Monday through Sunday from February 1 to March 28
6. Instructors will initial the Biggest Mover! 5-Day Punch Card each time a participant attends a Group Fitness class
7. Raffle prizes will be awarded weekly for the Biggest Mover! 5-Day Punch Cards that were collected
8. Prizes will be awarded to the top three participants with highest totals and a grand prize will be awarded to the The Biggest Mover! at the end of the contest

## Pick up a Group Exercise Schedule & Get Moving!

New schedules starting 1/25/10



For more information, contact Jessie Cutsinger at 754.6654 ext. 113 [jcutsinger@ymcajanesville.org](mailto:jcutsinger@ymcajanesville.org)