



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**NEW!**  
4th Grade  
Division!

# YOUTH SWEAT LEAGUES

Boys & Girls Summer Leagues for 4-8 Grade

June 8 - July 13

Registration: NOW - May 18

## LEAGUE INFO:

- \$250 team fee
- 6 game schedule - 1 game per week
  - Games are played during the week, early evenings
- Boys and Girls summer leagues available for three different levels:
  - 4th grade
  - 5th & 6th grade
  - 7th & 8th grade
- WIAA certified officials, Official scorekeepers provided

## Games Administration: WIAA rules with the following exceptions -

- Two 20 minute halves - running clock  
(stops on time outs and dead balls under two minutes of each half)
  - Two full timeouts per half; they do not carry over.
  - Half time will be 4 minutes
  - 3 minute overtime periods; each team will be given one full timeout for overtime.
  - Technical fouls will result in an automatic 2-points and possession for the opposing team.
- 
- **4th - 6th grade rules adaptations:**
    - No zone defenses are allowed
    - Defense may pick up at half court
    - Full court pressure is only allowed for the last two minutes of the game.
    - Free throws - one foot must remain in contact with the free throw line upon the shooter's release.  
The shooter must still wait until the ball contacts the rim before entering the lane for a rebound.



**\*\*Teams failing to give 48 hours notice to cancel a game will be fined \$50\*\***

**\*\*Second offense will result in dismissal from the league - no refunds\*\***

For More Information/Availability Contact Brodi Stewart 754-9622 ext. 114 [bstewart@ymcajanesville.org](mailto:bstewart@ymcajanesville.org)

## YMCA OF NORTHERN ROCK COUNTY

Janesville YMCA  
221 Dodge St. Janesville, WI 53548  
(608) 754-9622

[www.ymcajanesville.org](http://www.ymcajanesville.org)



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# YOUTH SWEAT LEAGUE REGISTRATION FORM

## Division – 2020/2021 School Year

- 4th Grade Boys
- 5th & 6th Grade Boys
- 7th & 8th Grade Boys
- 4th Grade Girls
- 5th & 6th Grade Girls
- 7th & 8th Grade Girls

Coach Name: \_\_\_\_\_ Team Name: \_\_\_\_\_

Primary Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

## TEAM ROSTER

Name	Grade	DOB
1 _____	_____	_____
2 _____	_____	_____
3 _____	_____	_____
4 _____	_____	_____
5 _____	_____	_____
6 _____	_____	_____
7 _____	_____	_____
8 _____	_____	_____
9 _____	_____	_____
10 _____	_____	_____
11 _____	_____	_____
12 _____	_____	_____

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